Metabolite Profiling and Stable Isotope Tracing in Sorted Subpopulations of Mammalian Cells

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Supporting Information

ABSTRACT: Biological samples such as tissues, blood, or tumors are often complex and harbor heterogeneous populations of cells. Separating out specific cell types or subpopulations from such complex mixtures to study their metabolic phenotypes is challenging because experimental procedures for separation may disturb the metabolic state of cells. To address this issue, we developed a method for analysis of cell subpopulations using stable isotope tracing and fluorescence-activated cell sorting followed by liquid chromatography–high-resolution mass spectrometry. To ensure a faithful representation of cellular metabolism after cell sorting, we benchmarked sorted extraction against direct extraction. While peak areas differed markedly with lower signal for amino acids but higher signal for nucleotides, mass isotopomer distributions from sorted cells were generally in good agreement with those obtained from direct extractions, indicating that they reflect the true metabolic state of cells prior to sorting. In proof-of-principle studies, our method revealed metabolic phenotypes specific to T cell subtypes, and also metabolic features of cells in the committed phase of the cell division cycle. Our approach enables studies of a wide range of adherent and suspension cell subpopulations, which we anticipate will be of broad importance in cell biology and biomedicine.

The complement of biochemical reactions available to human cells is well-charted, but still little is known about the metabolic behavior of specific cell types in their natural environment. While human tissues are complex mixtures of multiple cell types, most of our knowledge derives from bulk measurements of cultured cells. To better understand the variety of metabolic behaviors cells can exhibit, it is of great importance to develop methods for measuring metabolism of subpopulations of cells, separated from such complex mixtures. For example, a great variety of immune cell types are present in human blood samples, and solid tumors contain not only cancer cells but also fibroblasts and infiltrating immune cells. Cell cultures can also contain coexisting subpopulations, such as subtypes of different physiological origin present in breast cancer cell lines, and even among otherwise identical cells, individual cell-to-cell differences such as cell cycle phases may determine metabolic state.

By far the most versatile and widely used tool for separating cell populations is fluorescence-activated cell sorting (FACS), where individual cells are passed through a capillary and separated into tubes based on fluorescent antibodies detecting endogenous cellular proteins, or fluorescent proteins expressed by engineered cell lines. While FACS is commonly used to isolate certain populations of cells which are then recultured and analyzed at a later time, this approach does not provide information on the metabolic state of the original, complex mixture of cells and would fail to capture transient states like the cell cycle. A few studies have recently attempted metabolomics of subpopulations immediately after FACS, including a study on Arabidopsis protoplasts from different root cell types, and a report identifying metabolite signatures of CD133 colon cancer initiating cells. This may provide more direct information on the original metabolic state, but is challenging as the FACS procedure may cause significant perturbations of the metabolic state. FACS often necessitates keeping cells in nutrient-poor buffers for the duration of sorting, which can last up to 1 h until quenching/extraction, depending on cell type. This change of extracellular environment may result in leakage of intracellular metabolites into the buffer, or other metabolic imbalances due to loss of nutrients. Moreover, the temperature or pressure changes inflicted by FACS might cause agitation or stress to the cells. For comparison, in common methods for metabolite extraction, cultured cells are only exposed to buffer solution for a few minutes during removal of spent culture medium and washing. While one report indicated that mRNA levels are minimally disturbed by FACS, it is clearly important to investigate the effects of the FACS procedure on metabolomics data from sorted cells.

Isotope tracing can provide information on enzyme or pathway activity or differences in activity between subpopulations. We reasoned that since the isotope distribution of any...
A mixture of the two main fuels of the cell allows labeling of a larger number of metabolites. We chose an intermediate (40%, 70%) amount of labeling to generate richer MID patterns with intermediate MI fractions, to help evaluate the robustness of MIDs.

**Metabolite Extraction. Extraction from Dish.** The wells were first rinsed once with 500 μL of HBSS and the washing solution was discarded. Then 60 μL of HBSS was added and cells were extracted with 540 μL of 100% methanol precooled on dry ice to obtain a final 90% v/v concentration of methanol. Microplates were then transferred to dry ice and cell material was removed with a cell scraper, transferred to a 1.5 mL tube and stored at −80 °C. All experiments were performed in triplicate. Extracts were kept at −80 °C until LC-HRMS analysis.

**Extraction from Pellet.** Cells were first rinsed with 500 μL of HBSS and then detached with 500 μL of trypsin/ethylenediaminetetraacetic acid (EDTA; Life Technologies, 25300062) for 4 min at 37 °C. Next steps were performed at 4 °C to decrease metabolic activities. One milliliter of HBSS + 25% dialyzed FBS (HBSS+dFBS) was used to deactivate trypsin, and the cells were centrifuged for 3 min at 750g at 4 °C. Supernatant was discarded, cells were resuspended in 800 μL of HBSS−dFBS, and the centrifugation step was repeated.

To obtain a pellet extraction, cells were resuspended in 50 μL of HBSS and extracted by adding 540 μL of dry ice cold 100% methanol to a final 90% concentration of methanol.

To answer the amino acid leakage question, the obtained pellet is resuspended in HBSS−dFBS + 1 mM EDTA and kept in ice for 1 h. At the end of the incubation, cells were centrifuged at 750g for 3 min. Supernatants were saved and pellets were extracted in 100% methanol. Extracts and saved supernatants were kept at −80 °C until LC-HRMS analysis.

**Extraction of Sorted Cells.** (1) **Extraction of Mock Sorted Cells.** Cells cultured in 10 cm plates were rinsed with 1.5 mL of warm HBSS and incubated with 1.5 mL of trypsin/EDTA solution for 4 min at 37 °C. Trypsin was deactivated with 3 mL of 100% methanol precooled in dry ice. Extracts were kept at −80 °C until LC-HRMS analysis.

**Extraction of Cells from Different Cell Cycle Phases.** The HeLa cells used in this experiment contained a Geminin Fucci probe, which is expressed in early S until late M phase of the cell cycle, allowing separation of nonfluorescent G1−G2−M phase cells from fluorescent S−G2−M phase cells. Cells were cultured as above in 10 cm plates for 46 h, plated at a density to achieve ~85% confluence after 48 h. Before extraction, cells were "pulse labeled" for 2 h in RPMI medium containing 40% U−13C−6-glucose and 70% U−13C−6N2-Glutamine. Supernatant was then discarded and plates were rinsed with 1.5 mL of warm HBSS*. Cells were incubated with 1.5 mL of trypsin/EDTA solution for 4 min at 37 °C for detachment. Trypsin was added.

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**Cell Culture.** HeLa cells were cultured in RPMI-1640 medium (Life Technologies, Carlsbad, CA) supplemented with 5% dialyzed fetal bovine serum (dFBS), in six-well plates for 48 h. Cells were plated at a density to achieve ~85% confluence before extraction. Fetal bovine serum (FBS; Life Technologies) was dialyzed in SNAKESKIN 10K MWCO dialysis tubing (Nordic Bioslabs, Taby, Sweden; 88245-P). For isotope tracing experiments, cells were cultured in a labeled medium containing 40% U−13C−glucose (Cambridge Isotopes, Tewksbury, MA; 40762-22-9/GLC-018) and 70% U−13C−6N2-Glutamine (Cambridge Isotopes, /CNLM-1275-H-0.1) for 48 h, and HBSS (Hank’s balanced salt solution, Sigma, St. Louis; H6648) was replaced by HBSS containing 40% U−13C−glucose (HBSS*) to avoid washout of 13C isotopes during the sorting procedure.
deactivated with 3 mL of HBSS*−dFBS, and cells were transferred to 15 mL tubes. The following steps were performed at 4 °C. Cells were centrifuged at 750g for 3 min, supernatant was discarded, and pellet was resuspended in 2 mL of HBSS*−dFBS + 1 mM EDTA. Cells were filtered and transferred to a Falcon tube.

Sorting was performed in INFLUX (inFlux v7 Sorter, BD Biosciences) at ~1000 events/s, using a 100 μm nozzle. The fluorescent signal was detected using a 488 nm laser and a 521 nm filter, and gating was applied based on the fluorescence signal. A population of 500 000 cells was collected in each tube of G1-G0 and S-G2-M cells, respectively. Sorted cells were centrifuged at 750g for 3 min at 4 °C. The supernatant was discarded and the pellet was resuspended in 50 μL ice-cold HBSS* and extracted by adding 540 μL of dry ice-cold methanol. Extracts were kept at −80 °C until LC-HRMS analysis.

(3) Extraction of T Cells. Peripheral blood mononuclear cells from buffy coats were prepared as described previously1 and pan T cells were isolated by negative magnetic isolation using the pan T cell isolation kit II (Miltenyi Biotec, Bergisch Gladbach, Germany). Cells were activated on anti-CD3-antibody coated plates and with 1 μg/mL anti-CD28 antibody (both from Biolegend) at a concentration of 14.4 × 10^6 cells per well in six-well plates, in a medium containing 40% U-13C-glucose and 70% U−13C,15N2-glutamine and dialyzed FBS. Before sorting, cells were stained with antibodies for CD4 and CD8. A staining mix was prepared with 100 μL of CD8-eFlour 450 (ebioscience #48-0086-42) and 30 μL of CD4-APC (ebioscience #17-0048-42 clone OKT4), and completed to 1.5 mL with labeled media. Approximately 450 μL of the staining mix was used to stain ~30 × 10^6 cells, incubated at room temperature for 15 min, centrifuged, and resuspended in HBSS*−dFBS + 1 mM EDTA.

Sorting was performed in INFLUX (inFlux v7 Sorter) at ~1500 events/s using a 100 μm nozzle. Gating was applied based on fluorescence signal and 2.3 × 10^6 cells were sorted simultaneously in each tube of CD4 and CD8 cells for each replicate. Sorted cells were centrifuged at 750g for 3 min at 4 °C. The supernatant was discarded and the pellet was resuspended in 50 μL of ice-cold HBSS*. Metabolites were extracted by adding 540 μL of dry ice-cold methanol. Extracts were kept at −80 °C until LC-HRMS analysis.

Metabolite Measurements. Prior to the LC-HRMS analysis, cell extracts were thawed in ice for 30 min and vortexed for 15 s, and then 100 μL was transferred to a spin filter and centrifuged for 10 min at 13 000g at 4 °C. For the amino acid leakage experiment 100 μL of supernatant was dried using a Speed Vacuum system at 30 °C for 2 h and then resuspended in 100 μL of methanol. Two microliters of the isotope labeled standard mix were added to 100 μL of methanol-resuspended supernatant and to 100 μL of cell extract, respectively. For all samples a total of 12.5 μL of the filtrate was analyzed by LC-HRMS on a Thermo Ultimate 3000 UHPLC system coupled to a Q-Exactive Orbitrap mass spectrometer (Thermo Fisher Scientific, San Jose, CA). The chromatographic separation of metabolites was performed on a Merck-Sequential ZIC-HILIC column (150 × 4.6 mm, 5 μm particle size) fitted with a Merck Sequant ZIC-HILIC guard column (20 × 2.1 mm) using a gradient elution of 0.1% formic acid in water (solvent A) and acetonitrile (solvent B). The gradient elution started at 20% of solvent A and increased up to 80% in 17 min. This percentage was maintained for 4 min. The flow rate was set at 400 μL min⁻¹ and the column temperature and sample tray were held at 23 and 4 °C, respectively.

The Ultimate UHPLC system was coupled to a Q-Exactive instrument (Thermo Fisher Scientific, Bremen, Germany) equipped with a heated electrospray (H-ESI II) ionization source. Nitrogen (purity >99.995%) was used as sheath gas and auxiliary gas at flow rates of 45 and 10 a.u. (arbitrary units), respectively. The ion transfer tube was set at 320 °C, the vaporizer temperature at 350 °C, and the electrospray voltage at 44 V at 4 kV in positive mode and −3.5 V in negative mode. A scanning rate of 3 spectrum/s with a mass range of m/z 75−800 with a mass resolving power of 70 000 fwhm (m/z 200) was used.

Full instrument calibration was performed using a MASCAL5 ProteoMassT LTQ/FT-Hybrid ESI Pos/Neg (Sigma-Aldrich). External mass axis calibration without the use of the specific lock masses was employed. The Xcalibur software version 2.2 (Thermo Fisher Scientific) was used to control the LC/MS system.

Metabolites were annotated by matching accurate mass (mass error <5 ppm) and retention time (±30 s) using a reference standard in-house database as previously described.1 Hierarchical clustering was done using Euclidean distance and average linkage.

For clustering analysis and principal component analysis, peak areas were normalized to unit mean for each peak. Hierarchical clustering was done using Euclidean distance and average linkage.

For isotope-labeled samples, this procedure was repeated and a total of 60 peaks were selected. For each metabolite and sample, mass isotopomer (MI) fractions were calculated by dividing the peak area of each isotopomer with total peak areas of all isotopomers. Enrichment of 13C and 15N, respectively, was calculated as

\[
\text{Enrichment} = \sum_{x=0}^{n} \frac{n^x \text{MI}_x}{n}
\]

where n is the total number of carbons (or nitrogens, respectively) in the metabolite and MI is the MI fraction of x. Enrichment data were clustered using Euclidean distance. All calculations were made with Mathematica v.10 (Wolfram Research, Champaign, IL).

### RESULTS AND DISCUSSION

Method Development and Validation Strategy. To obtain reliable metabolomics data from sorted cells, we strived to minimize the distortion that FACS might cause to cellular metabolism by minimizing the duration of the FACS procedure, keeping cells cold (4 °C) during most of the procedure to reduce metabolic activity and using a glucose-containing solution (HBSS, 5.5 mM glucose) to support cell viability. In initial experiments, we attempted to sort cells directly into cold extraction solution (methanol) to achieve as rapid metabolic quenching as possible. However, the FACS instrument deposits a significant amount of sheath fluid together with cells into the receiving tube, and this fluid contains high amounts of salt and other contaminants which...
caused substantial ion suppression during mass spectrometry analysis (data not shown). Therefore, this approach had to be abandoned. We instead turned to a procedure where cells are sorted into tubes containing HBSS, centrifuged, and then extracted (Figure 1b). In our hands, the complete procedure for adherent HeLa cells takes ~1 h, including trypsinization and collection of a pellet of 500 000 cells. For nonadherent cells, trypsinization is not required and the sorting procedure can also be performed faster. In our experiments on lymphocytes, the necessary antibody staining adds 25 min, for a total time of 1 h.

To investigate possible distortion caused by the sorting procedure itself, we first generated metabolite extracts from HeLa cells, passing them through the FACS instrument without selecting any subpopulations (Figure 1b, “mock sorted”). As a baseline for validating the resulting LC-HRMS data, we extracted metabolites from HeLa cells directly from the culture dish after removing the medium and washing (Figure 1b, “dish”), which allows very fast (~1 min) quenching of metabolism. To investigate the effects of the cell detachment step, we also generated extracts from pellets of detached (trypsinized) and centrifuged cells (Figure 1b, “pellet”). All extracts were analyzed by LC-HRMS using full-scan acquisition mode in both positive and negative ion modes. Metabolites were identified and annotated by matching accurate mass and retention time against analytical standards (see Experimental Section).

**Peak Areas Are Affected by Cell Sorting.** We performed a targeted analysis of 87 metabolites within central metabolism, of which 54 metabolites were detectable in cell extracts in positive and/or negative ionization modes, represented by 77 high-quality peaks (Table S-1, Supporting Information; see Experimental Section for details). Of these, 73 peaks (94%) were high quality in the mock sorted extracts and 65 in all three extract types (Figure 2a). Hence, almost all metabolites that were measurable in dish extracts could also be measured after FACS processing. However, peak areas differed markedly between mock sorted and dish extracts, often by a factor of 10 or more, while peak areas from dish and pellet extracts were more similar (Figure 2b).

Observed peak area differences may be a result of either matrix effects, or actual metabolic changes to the cells, such as loss of metabolites by leakage over the cell membrane, which in turn might alter cellular metabolism. We noted a cluster of metabolites, containing mostly amino acids, with highest peak areas in dish extracts, lower in pellet extracts, and lowest in mock sorted extracts (Figure 2c). Amino acids are known to be lost from cells placed in solution lacking amino acids, and this pattern is consistent with progressive loss with increasing time in buffer solution. On the other hand, we noted a cluster consisting mainly of nucleotides whose peak areas were highest in mock sorted extracts; this finding is difficult to explain other than by matrix effects. To further investigate possible leakage of amino acids during FACS conditions, we kept cells in HBSS at 4 °C for 1 h and then performed absolute quantification of amino acids in cells and supernatants against 13C standards. We found substantial amounts of amino acids in supernatants, indicating that about half of cellular amino acids are lost by leakage in these conditions (Table S-3). While substantial, this number is far from the greater than tenfold peak area differences between dish and mock sorted extracts (Figure 2), suggesting that most of these differences are due to matrix effects.

We observed good reproducibility of peak areas, as indicated by hierarchical clustering (Figure 2c) and principal component analysis (Figure 2d) which grouped the replicates together. In addition, for dish extracts, 88% of peak areas had CV < 20%, compared to 84% for pellet extracts and 66% for mock sorted extracts (Figure 2e). This increased variability is expected given the additional experimental steps.

**MIDs Are Robust during Cell Sorting.** While total peak areas are expected to be altered due to experimental procedures, we investigated isotopomer ratios, which may be more resilient to artifact induced by FACS analysis. MIDs reflect the metabolic state before sorting as well as represent an internal ratio, which is not affected by changes in peak areas, the additional experimental steps. To perform isotope tracing, we cultured cells with U-13C-glucose and U-13C,15N-glutamine for 48 h, and quantified all combinations of carbon and nitrogen mass isotopomers in the labeled metabolites.

To obtain an overview of the isotopic labeling state of all metabolites, we calculated the 13C and 15N enrichment for each metabolite and visualized this as heat maps (Figure 3a,b) and scatter plots (Figures S-1a,b). In contrast to peak areas (Figure 2c), we found that, for most metabolites, both 15N and 13C enrichment in mock sorted extracts was highly similar to that of...
The possible sources of lactate, glucose, and glutamine might not lead to less labeled lactate because glucose is labeled and glutamine is not present in HBSS. MIDs of glycolytic intermediates should therefore be interpreted with caution. Since MIDs are calculated as fractions, standard deviation was used to evaluate the reproducibility of MIDs (Figure 3e). In mock sorted extracts, 97% of MIDs exhibited standard deviation below 1%, and 94% below 0.5%, which is considered reliable. Taken together, these results indicate that MIDs measured in FACS-sorted cells are highly reproducible, and for the most part reflect the metabolic state of cells prior to sorting.

Detecting Metabolic Specialization in Primary CD8+ and CD4+ T Cells. We next applied our isotope tracing method to investigate differences between T cell subpopulations. We activated T cells in vitro by stimulating the T cell receptor (see Experimental Section) and cultured the activated cells for 72 h in U−13C-glucose and U−13C,15N-glutamine. Cells were then sorted into CD4+ (helper) and CD8+ (cytotoxic) T cell subpopulations by FACS, and LC-HRMS analysis was performed as before. Several metabolites differed in labeling pattern between CD4+ and CD8+ cells. For example, adenosine was more enriched for 13C and 15N in CD8+ cells (Figure 4). The isotope pattern of adenosine in CD8+ cells (Figure 4a) was consistent with de novo purine synthesis: the 13C5 mass isotopomer is likely due to incorporation of 13C4 ribose (derived from glucose), while the 15N isotopomers likely originate from glutamine and glutamine-derived aspartate, which contribute labeled nitrogens to the purine ring. On the other hand, in CD4+ cells adenosine contains mainly a 15N1 isotopomer, which might reflect salvage of (unlabeled) hypoxanthine, which would add one 15N atom from aspartate. These results suggest that in vitro activated CD8+ T cells engage in de novo purine synthesis more than activated CD4+ cells, which appears consistent with generally higher proliferation rates of CD8+ T cells in these cultures (data not shown).

Cytidine Is Differentially Labeled in Different Cell Cycle Phases. We also tested our approach to separate HeLa cells by their cell cycle phase, by sorting cells based on a fluorescent protein that is specifically expressed in the S-G2-M phases of the cycle (see Experimental Section). Because cell cycle phases last only a few hours, here we “pulse labeled” cells for 2 h in medium containing U−13C-glucose and U−13C,15N-glutamine, and separated cells into subpopulations representing the G1-G0 and S-G2-M cell cycle phases, respectively. We anticipated that differences would be more difficult to detect in this case than in the CD4+/CD8+ comparisons, as these subpopulations are likely more similar to each other, and the shorter duration of labeling yields weaker isotopes. Still, a few metabolites showed interesting patterns: for example, cytidine was about twofold more enriched for 13C in the S-G2-M subpopulation (Figure 5a), while its labeling pattern was similar in the two subpopulations. As with adenosine, the 13C4 mass isotopomer in cytidine is likely due to ribose. The 15N1 and 15N2 isotopomers are consistent with the known de novo pyrimidine synthesis pathway, where two nitrogens are donated by glutamine, while the 13C mass isotopomer is consistent with aspartate donating three carbons. This data suggests that pyrimidine synthesis is more active in the S-G2-M phase, where DNA synthesis occurs.

CONCLUSIONS

We find that peak areas differ markedly between extracts of FACS-sorted cells and direct extractions from cell cultures.
although they are generally reproducible between independent samples. Therefore, peak areas from sorted cells should be interpreted with caution. In contrast, MIDs of metabolites generated in stable isotope labeling experiments are generally robust during cell sorting and show excellent reproducibility. Lactate was a notable exception to this rule, suggesting that MIDs of glycolytic intermediates and other metabolites with rapid turnover may be affected by cell sorting, and should be viewed with caution. Our proof-of-principle experiments show that, with isotope tracing, it is possible to detect metabolic differences between subpopulations of both adherent and suspension cells, such as lymphocyte subtypes and even between cell cycle phases. We therefore anticipate that this method is broadly applicable to study metabolic phenotypes of cell subpopulations in biology and biomedicine.

**ASSOCIATED CONTENT**

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.analchem.5b04071.

**Table S-1:** List of metabolite ID, description, MW, retention times, and presence of peaks in each extraction method in positive and negative ionization mode.

**Table S-2:** List of metabolites in the amino acid cluster in Figure 2c.

**Table S-3:** Estimation of amino acid (AA) leakage in the supernatant (XLSX).

**Figure S-1:** Scatter plots of $^{13}$C and $^{15}$N enrichment in dish, pellet, and mock sorted samples. Figure S-2: CV of MI fractions with values smaller than 0.01 in plate, pellet, and sorted extracts (PDF)

**Table S-1:** List of metabolite ID, description, MW, retention times, and presence of peaks in each extraction method in positive and negative ionization mode.

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**Figure 4.** Adenosine is differentially labeled in CD8$^+$ and CD4$^+$ cells. Error bars in bar charts represent standard deviations. Array plots (inset) show MI fractions. “x” stands for missing values, which is noise manually corrected to “0”.

**Figure 5.** Cytidine is labeled differently in G1-G0 and S-G2-M cells. (a) Cytidine $^{13}$C enrichment in G1-G0 and S-G2-M phases of the cell cycle. Dashed line stands for carbon enrichment from natural isotope. (b) Cytidine MIDs shown as array plots in G1-G0 and S-G2-M phases.

**Figure 5.** Cytidine is labeled differently in G1-G0 and S-G2-M cells. (a) Cytidine $^{13}$C enrichment in G1-G0 and S-G2-M phases of the cell cycle. Dashed line stands for carbon enrichment from natural isotope. (b) Cytidine MIDs shown as array plots in G1-G0 and S-G2-M phases.

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